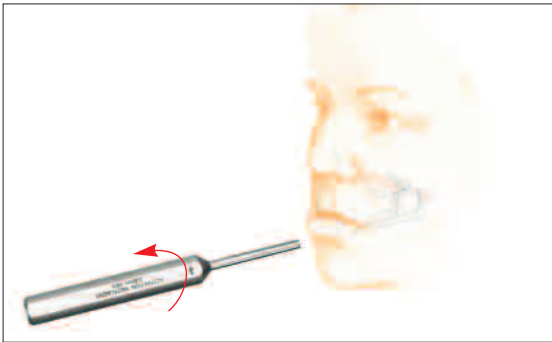


Daily Instructions



Place the activation instrument on the end of the distractor. Be certain that the activation instrument fits securely over the end of the distractor.



Turn the activation instrument as instructed by your physician below. Please note that it is important to only turn the activation instrument in the direction of the arrow marked on the handle. Turning the activation instrument in the wrong direction (opposite of arrow) can interfere with the distraction process.

Patient's left side:

_____ full turn(s) _____ time(s) per day

Patient's right side:

_____ full turn(s) _____ time(s) per day

Note: Distractor position may vary according to individualized treatment needs.

Dear Patient,

You have been fitted with distractors to aid in the lengthening of your upper jaw. Distraction is an ongoing procedure which requires daily activation of the distractors with a special instrument called an activation instrument. Under instruction from your physician, you may need to activate the distractors multiple times each day.

Please follow the instructions within this guide. If you have questions or concerns, or if any redness, drainage or excess pain occurs during activation, contact your physician.

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Printed in U.S.A. 02/21 J3997-B GP2046-C

Patient Care Guide. For the Maxillary Distractor.

Daily Instructions



Directions to patient

1. Fill in the dates on the calendar below starting with the first day of activation through the last day, as instructed by your physician.

3. Bring this patient care guide with you to each doctor's appointment.

If you have any questions, please contact your physician.

Always turn the activation instrument in the direction of the arrow.

FRIDAY		SATURDAY	
Left	Right	Left	Right
1	X X	2	X X
	X X		X X

MONTH

[illegible]

MONTH

[illegible]